[New Virtual & Live Program]

HOW TO MENTALLY QUARANTINE CORONAVIRUS

Pandemic. Quarantine. Social Distancing. Martial Law. Economic collapse.

These are all terms connected to one virus that has left BILLIONS all over the world feeling confused, anxious and uncertain about what the future holds.

In the interest of mental health and reinstating our sense of community, Evan Wecksell (comedian, educator and state senate candidate) has composed a *brand-new* virtual talk to pose the question: Is the environment really that dangerous?

In this interactive discussion, Evan will address such issues as:

The Dangerous Environment
The Truth About 'Fake News'
Who are the "Merchants of Chaos?"

Following that introduction, Evan will transition into revealing and practicing with students **seven simple**, **actionable steps to better control the environment around them** as well as a relieving exercise to increase one's ability to handle the problems in their life.

By the end of the 30-45 minute discussion/presentation, students will have a workable toolbox of easy techniques to go out into the world and help themselves and those around them.

You can feel sane during insane times.

EvanWecksell.com/coronatalk

Note:

This talk will have no political or religious viewpoints and be devoid of 'conspiracy theories.'